

Double Hinge Doorway I

A routine designed to build your double tonguing skills and facility as quickly and correctly as possible.

Alex Knutrud

A Part I- Controlled Fronts: These are to guarantee the air is up front with the tongue. Use single tongue.

Blow air against hand or use breath builder

Blow air against hand or use breath builder

'Ha'

Now with tongue,

Blow air against hand or use breath builder

Blow air against hand or use breath builder

B Part II- Alternating the Syllable: Begin to use 'Dah' and 'Gah' alternating, with each measure beginning with 'Dah'. Keep everything legato and full of air motion.

Do the same pattern again, this time on the Breath Builder, or wind pattern on your hand.

Continue down the slide by position (2,3,4,5...) alternating between the horn and the Breath Builder/wind pattern as often as needed (at least once every other position).

Part III- Introducing Slide Movement: Keep your slide hand calm but accurate. Remember, you're adding complexity here, so continue to refer back to the Breath Builder/Wind Pattern

C

D G D G D D G D G D D G D G D D G D G D

D G D G D D G D G D D G D G D D G D G D

29

2

D G D G D D G D G D D G D G D D G D G D

33

D G D G D D G D G D D G D G D D G D G D

37

D G D G D D G D G D D G D G D D G D G D

41

D G D G D D G D G D D G D G D D G D G D

45

D G D G D D G D G D D G D G D D G D G D

Now that you've finished these patterns, go back to the top of them, and repeat 20% faster.

D Part IV- Contiguous Hinges: As you work your double tongue to include partial crossings, make sure you are **CONSTANTLY** checking in with the Breath Builder or wind patterning against your hand. As things get more and more complex, you want to return to what is easy.

49

55

As before, when done, repeat this section 20% faster. Keep your tongue relaxed.

Slow!

60

Part V- Opening Up the Hinge Over Slurs- The trick here is a light tongue and a heavy support of air. If you've done everything slowly up to this point, this should fall into place. If not, go back a few steps and keep working slowly. The Breath Builder and wind pattern are helpful here too.

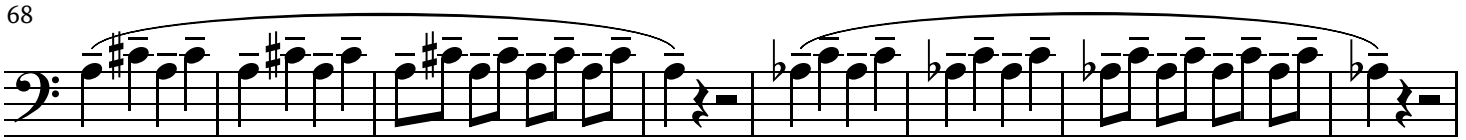
E

64



D G D G...

68



D GDG...

DGDG...

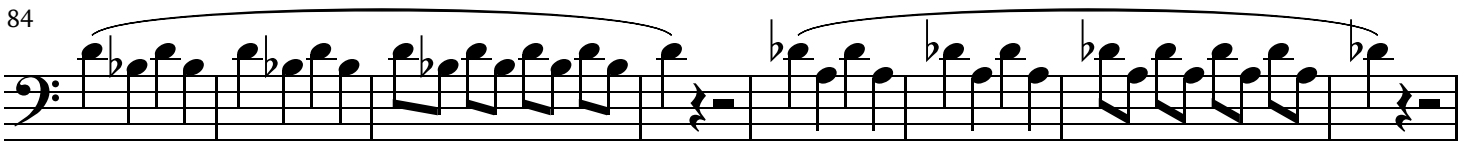
76



DGDG...

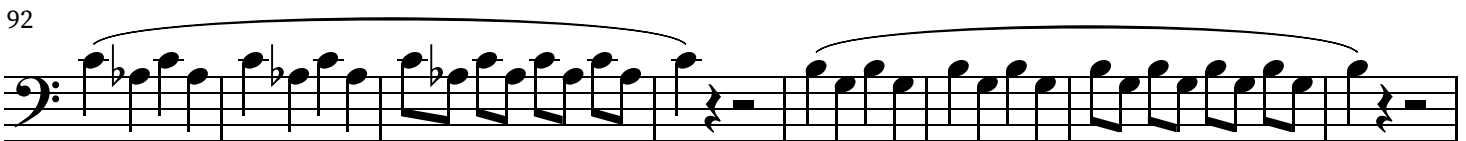
D GDG...

84



Same articulations here- These are descending, and therefore will need an even more controlled airstream.

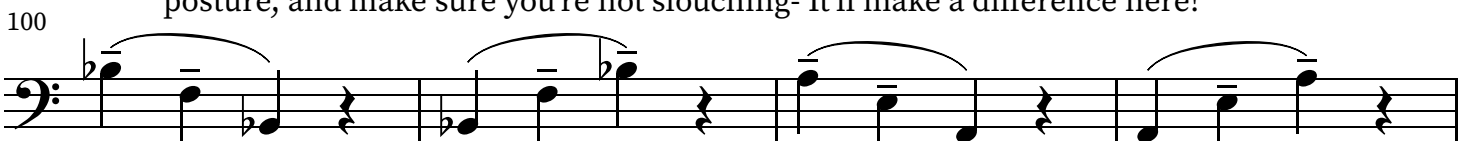
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Part VI- Wider Slurs using the Double Hinge- Now that we are double tonguing over wider gaps, you need to focus on an extreme support from air. Take a second to check in with your posture, and make sure you're not slouching- It'll make a difference here!


F

100



D G D̄ D̄ G D D G D̄ D̄ G D

104



D G D̄ D̄ G D D G D̄ D̄ G D

108



