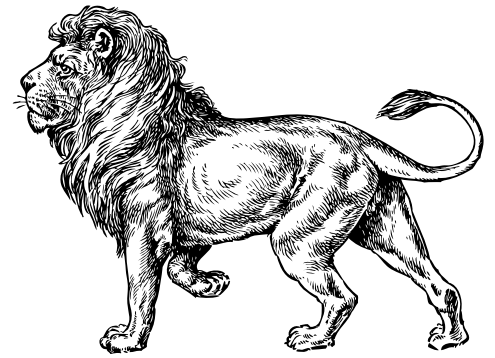


-TROMBONE GUIDE -

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PRACTICE SCHEDULE



ALEX KNUTRUD'S PRACTICE ROUTINE SCHEDULE

QUOTE OF THE WEEK:

EACH SECTION [] IS 20 MIN. EACH CHECKED WHEN COMPLETED.

MONDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

TUESDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

WEDNESDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

THURSDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

FRIDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

SATURDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

SUNDAY
WARM UP

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
TECHNIQUE						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 1: ETUDE/SOLO/EXCERPT/SONG						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
SESSION 2: MODULAR						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	[]	[]	[]	[]

MAIN PRACTICE GOALS AND THEMES

UNIT 1 MINI TOPIC

UNIT 2 MINI TOPIC

ETUDE EXCERPT

ETUDE SOLO

TOTAL TIME ATTEMPTED:

TOTAL COMPLETED:

%: