Foundation Sequencing

A pedagogy technique where you carefully build a slur until it is ironclad and your embouchure will never fail you.
This technique is basic in nature, but irrefutable in function.
While many teachers and pedagogues will follow this style of teaching, what I've tried to do here is present it in an easy to track and follow way.
For each measure below, take a metronome to MM.= 72, play the sequence in all 7 positions, and then increase your metronome marking 3 clicks (or 4 if it's a quartz metronome that only works in increments of 4). Repeat this process until your metronome marking is at MM.= 140, and then stop. Use a mirror the whole time, and try to make sure NOTHING about how you are making the slur changes.
For most of these slurs, such a process will take about 16 minutes per pattern. Do the same pattern each day for 5 days to notice incredible improvement.

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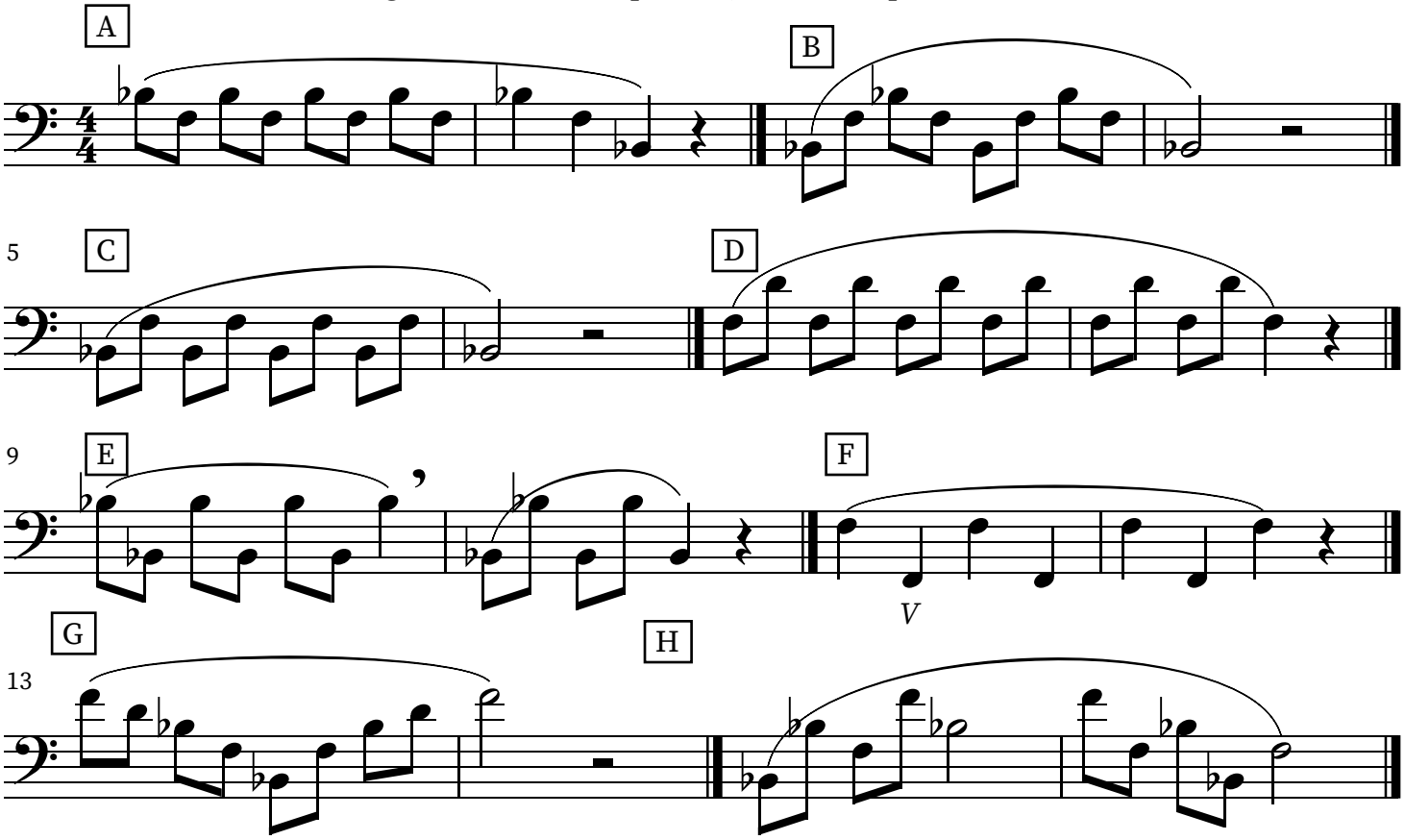
Regardless of which pattern, do in all 7 positions



A couple things to add- You can use this system for any of your own patterns as well. The idea that practice makes things become easier is definitely true and holds up here, but also remember that if you practice things INCORRECTLY you are reinforcing them INCORRECTLY as well.

Make sure these slurs are done with NO CORNER MOVEMENT. This can be done by doing them really slowly at first, and with a mirror in front of you. If there is still movement, buzz on the mouthpiece, and GLISS the buzz up and down, don't just 'hit each note in the slur' but get the whole contour of the slur. THIS MAKES A HUGE DIFFERENCE.

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