

"Feel, Don't Think- Use Your Instincts.."

A set of exercises to help remove hesitations in your playing systems

Remember, your inhale and exhale are tied together like a golf or tennis swing- the inhale is a prep that shapes the exhale. Your articulation will match your inhale. Always.

Alex Knutrud

A Use your air, have your embouchure set first, before your inhale. No tongue yet.

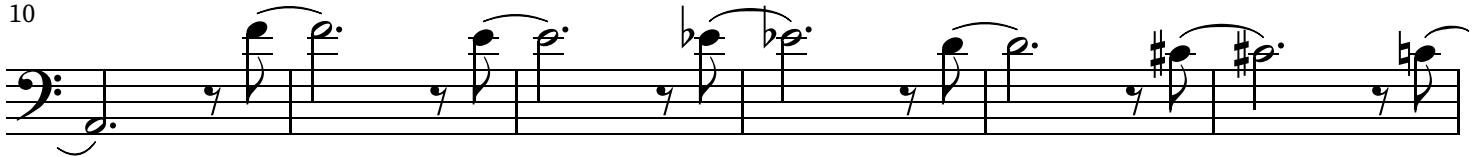
Breathe here,
not before.



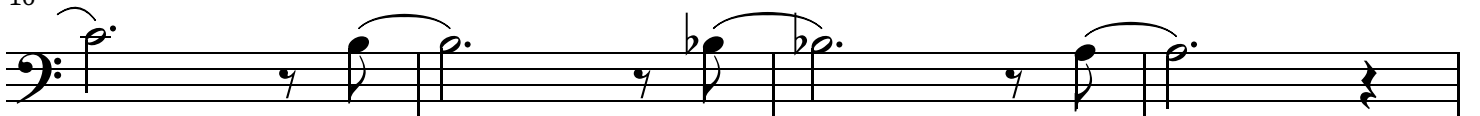
5



10



16



B Controlled Fronts- Keep your articulations 'air' based, and not 'tongue' based. 90% air, 10% tongue.

20



6

7

26



Don't let the syncopated rhythm throw your front accuracy. Don't hesitate here. Trust the flow of air

32



SoDo's- 1st- no tongue
 2nd- 'ah' air attack (corners firm)
 3rd- tongue with sustained air

C

44

'ah' 'ah'

'ah' 'ah'

'ah' 'ah'

'ah'

51

'ah'

'ah' 'ah'

'ah' 'ah'

58

'ah' 'ah'

'ah' 'ah'

65

'ah' 'ah'

'ah' 'ah'

'ah'

72

'ah'

'ah' 'ah'

79

83

'ah' 'ah'