

Streak150- Unit 3: Clarity

Days 21-30

This third unit is based upon that which we all desire within the world of trombone- a clear and unchained control of our sound. Keep in mind throughout all of this the following:
Clarity is the ability for a note's beginning, middle, and end to speak effortlessly.
In GIVING UP CONTROL we unbridle each note from tension, and with practice, can create a clear and uninterrupted cleanliness of sound.

Day 1: 25 min- Spend 10 minutes on A- B, going back and repeating as needed, then go to J

Day 2: 30 min- As above, but to K.

Day 3: 40 min- whole packet

Day 4: 40 min- whole packet

Day 4: 40 min- whole packet, but start with B, and then return to A.

Day 6: 40 min- whole packet

Day 7: 40 min- whole packet

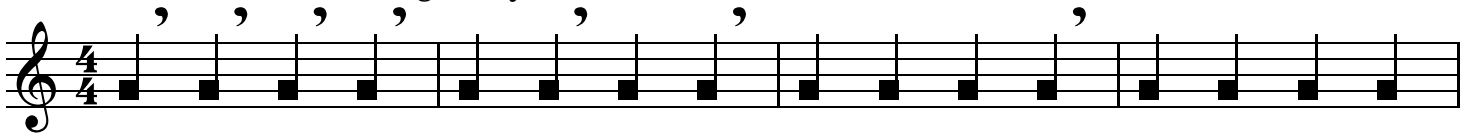
Day 8: 30 min- A-D, then Self Test

I **** Highly**** recommend a mouthpiece Rim and Mouthpiece for buzzing through here.

Alex Knutrud

A Quarter note at 60

Wind Pattern these against your hand or with a breath builder. The air should be immediate.



Begin with air attacks using 'ah' or 'hah' - NO TONGUE, the tongue stays LOW in the mouth. Use a mirror to make sure nothing moves- the air has to go STRAIGHT into the horn.



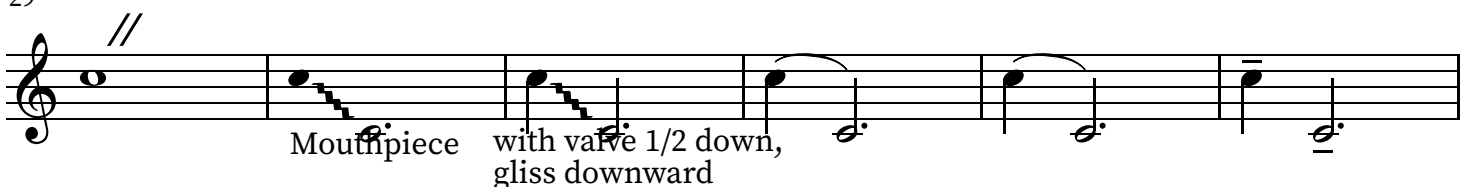
Once you play the next two lines with NO TONGUE, go back and use a LIGHT tongue. DON'T CHANGE YOUR AIR



21



B Descents. Quarter note at 72. Use mirror. These are annoying, but take your time, you'll thank me later.

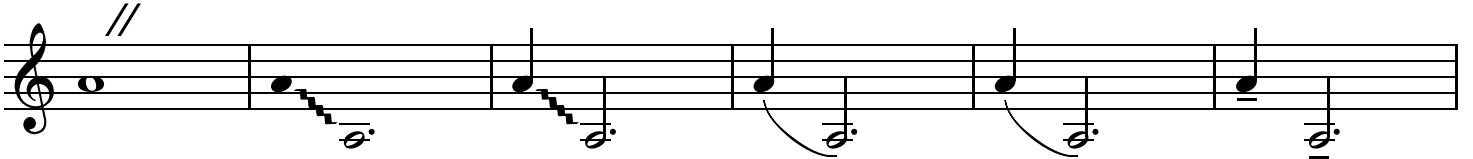




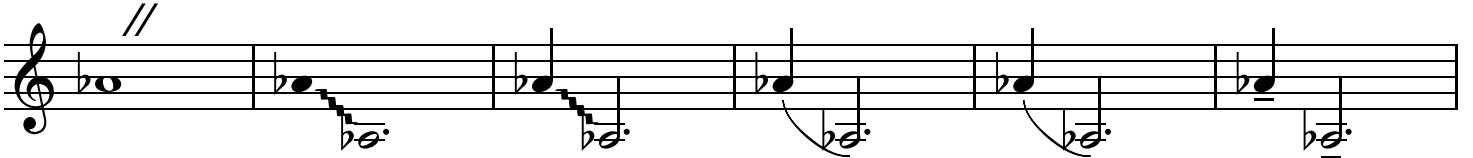
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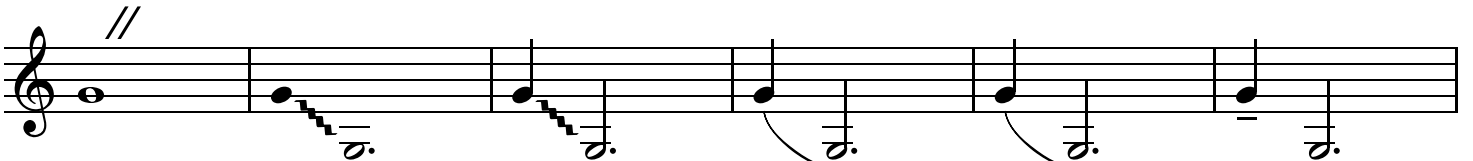
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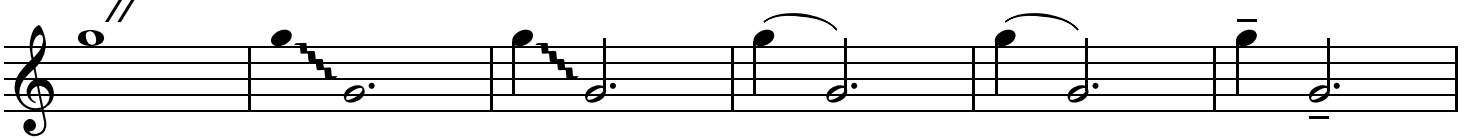
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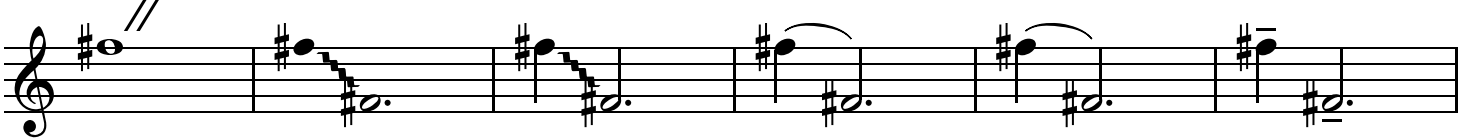
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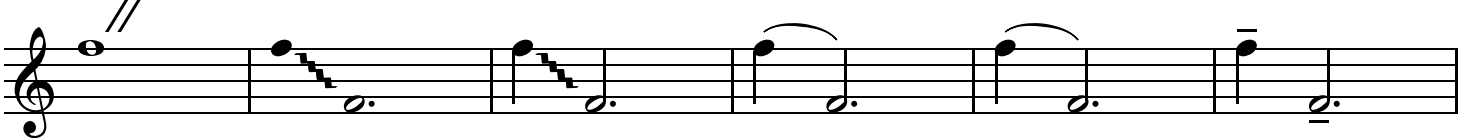
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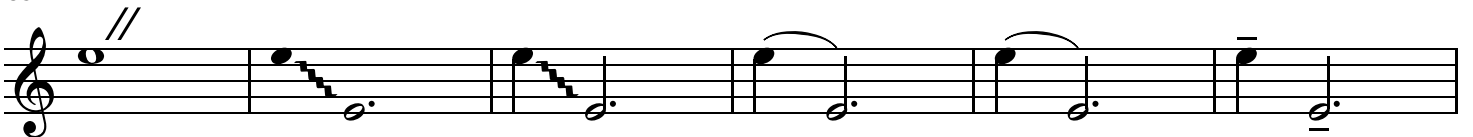
71



77



83



143 **D** The only thing moving within these patterns is the tongue. Make sure the jaw is still. Quarter note at 66

Musical staff 143-150: Treble clef, 8 measures. Measures 143-144: C4 quarter note, followed by eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 145: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest. Measure 146: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 147: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 148: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 149: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 150: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest.

Musical staff 151-158: Treble clef, 8 measures. Measures 151-152: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 153: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4, quarter rest. Measure 154: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 155: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 156: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 157: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 158: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4, quarter rest.

Musical staff 159-166: Treble clef, 8 measures. Measures 159-160: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 161: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest. Measure 162: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 163: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 164: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 165: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 166: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest.

Musical staff 167-174: Treble clef, 8 measures. Measures 167-168: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 169: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest. Measure 170: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 171: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 172: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 173: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 174: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4, quarter rest.

Musical staff 175-182: Treble clef, 8 measures. Measures 175-176: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 177: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4, quarter rest. Measure 178: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 179: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 180: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 181: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 182: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4, quarter rest.

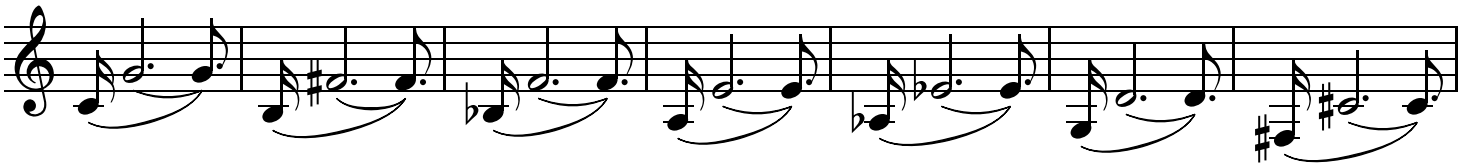
183 **E** These slurs represent a continuous air and sustain. Use your tongue as cleanly as you can, but only allow your tongue to move, and not the jaw. Quarter note at 72

Musical staff 183-185: Treble clef, 3 measures. Measure 183: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 184: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 185: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4.

Musical staff 186-188: Treble clef, 3 measures. Measure 186: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 187: Bb3 quarter note, eighth notes Bb3-Cb4-Db4-Eb4-Fb4-Gb4. Measure 188: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4.

Musical staff 189-191: Treble clef, 3 measures. Measure 189: C4 quarter note, eighth notes C4-D4-E4-F4-G4-A4-B4. Measure 190: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4. Measure 191: C#4 quarter note, eighth notes C#4-D#4-E#4-F#4-G#4-A#4-B#4.

192 **F** Zip Slurs are important for keeping your embouchure focused and still- this makes a difference in your clarity. Try these at Quarter note at 80



199



206



213



220 **G** Don't change anything here from the above, except your tongue will stop each slur. Keep things full, and experience the clean sound you've worked for.



227

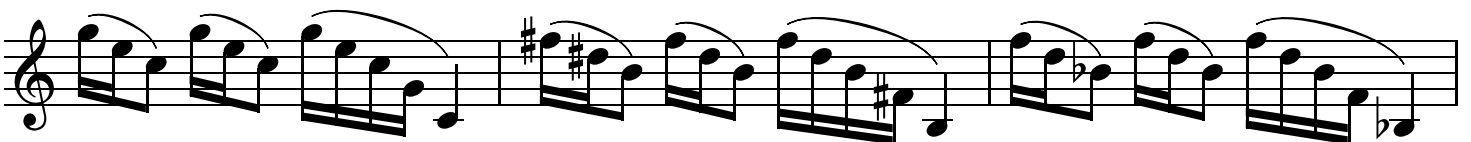


234



Don't let anything move quickly here- your air needs to ride down smoothly and evenly. If you shift, keep it steady and smooth. Quarter note at around 72

241 **H**



I

251

J

Do the first slur single tongued, and the second DOUBLE TONGUED. USE LOTS OF SUSTAIN. Don't try and 'peck' these clean with your tongue- keep them smooth instead. Quarter note at 60 or slower.

259

267

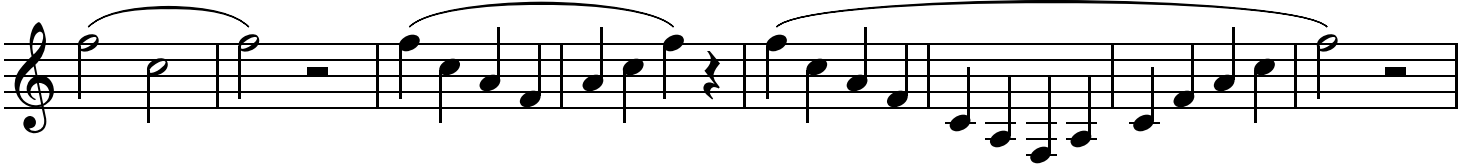
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K

These slurs should be 'in line' for your embouchure- keep your descent air even. Be in control. Quarter note at 76



299



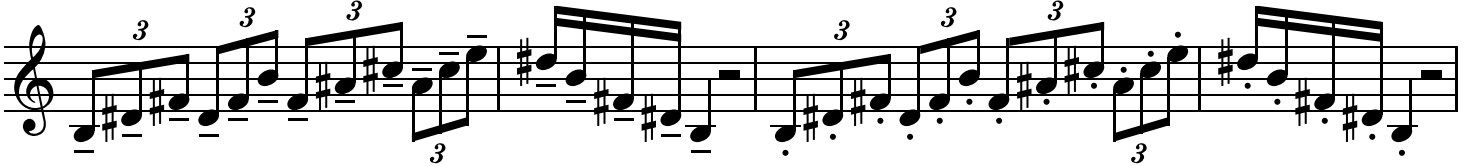
L

Power Segments: Now that you've worked the basics of clarity and control, these next few exercises will help you push. DO NOT allow your form to change as you speed up/extend to more difficult things. Trust in the form rather than allowing things to 'move about' to 'get the notes out'

307



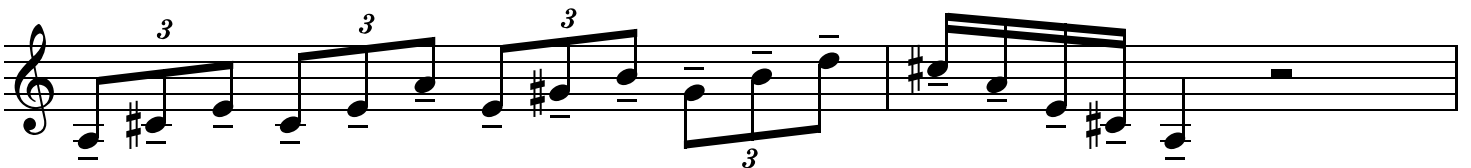
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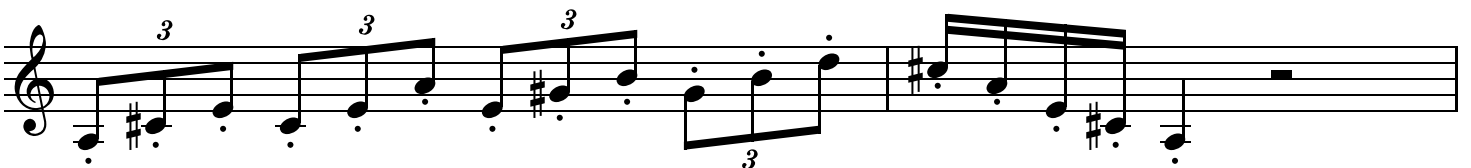
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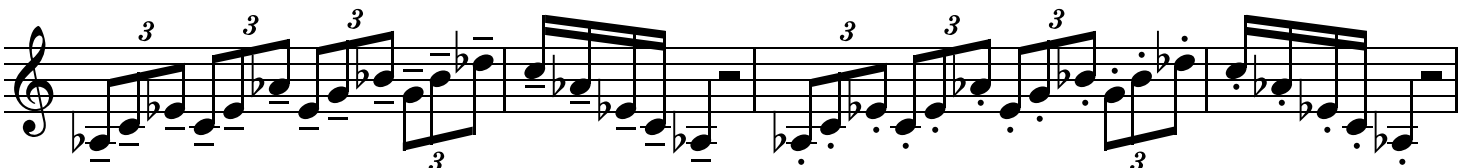
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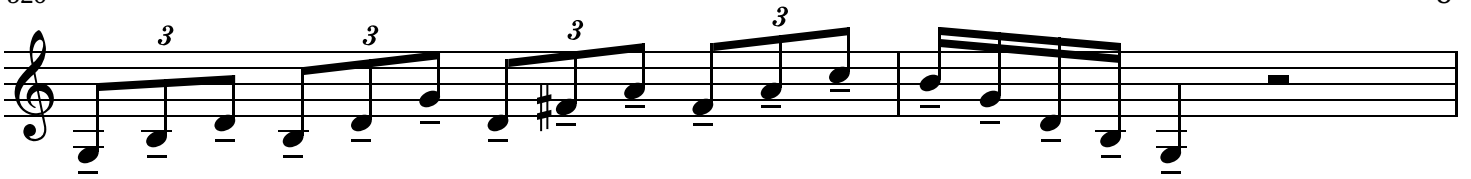


320



322

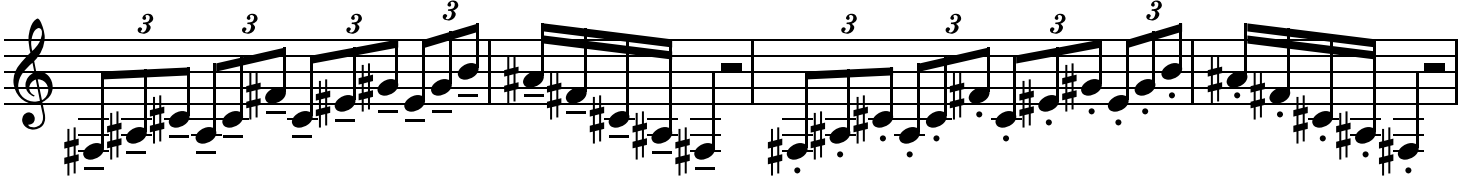




328



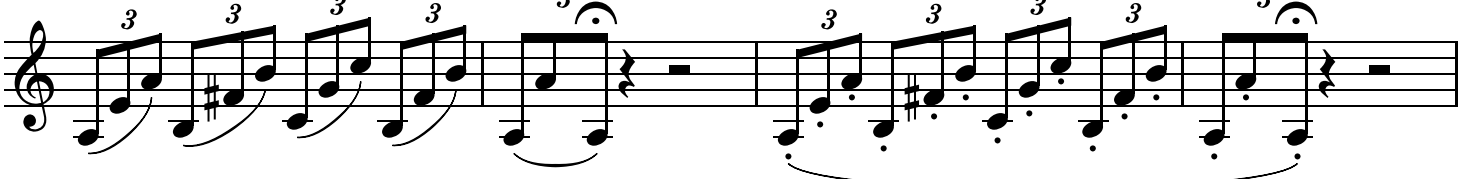
330



M

Don't be afraid to push the tempo here- Just make sure form is in line.

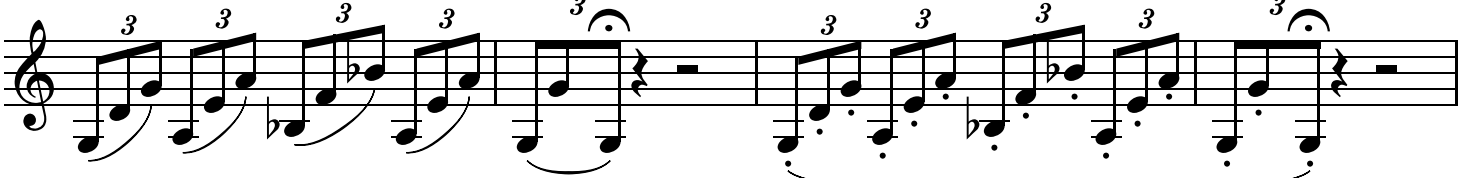
334



338



342



346



I know this looks like a flexibility, but it's actually a control exercise. Play it at a brisk tempo (cleanly in good form- for me that's around Q. = 80) and **MAKE SURE THE DYNAMICS** don't break your form.

350 *mf full* *pp*

353 *mf full* *pp*

356 *mf full* *pp*

359 *mf full* *pp*

362 *mf full* *pp*

365 *mf full* *pp*

368 *mf full* *pp*

Detailed description: This musical score consists of eight staves of music, numbered 350 through 368. Each staff begins with a dynamic marking of *mf full* and ends with a dynamic marking of *pp*. The music is written in treble clef. Staves 350, 353, 356, 359, 362, 365, and 368 are in G major, while staff 362 is in B minor. The notation features eighth-note patterns with slurs and hairpins indicating the dynamic changes. The piece concludes with a double bar line at the end of staff 368.