

Streak150- Fundamental Setup- HORN / TPT/ BAR.

(Days 1-10)

DAY 1: 25 min total. A-G, Each exercise three times

DAY 2: 30 min total. A-H, Each exercise twice up until H, which you do once.

Day 3: 40 min total. A-N, complete, including both H and I.

Day 4: 40 min total. A-N, omitting 3. Each exercise twice. Omit H.

Day 5: 40 min total. A-N complete, including both H and I.

Day 6: 30 min total. Any 8 exercises as needed, plus I.

Day 7: 40 min total. complete, omitting 3. Repeat as needed. H or I, not both.

Day 8: 30 min + 20 min test. A-H, no repeats and then Test.

Alex Knutrud

A

no vibrato- Keep steady

4

B Inhale and set as above for these patterns as well.

36

pp

56

65

74 **C** Keep these even and supported. Inhale as above. Don't go higher unless your setting is comfortable and functioning correctly.

81

88

95 **D**

99

103

Musical staff 107-110: Treble clef, key signature of two flats (Bb, Eb). The staff contains four measures of music. Measures 107 and 109 feature eighth-note patterns with slurs. Measures 108 and 110 feature a half note followed by a quarter rest.

111

Musical staff 111-114: Treble clef, key signature of two flats. The staff contains four measures of music. Measures 111 and 113 feature eighth-note patterns with slurs. Measures 112 and 114 feature a half note followed by a quarter rest.

115

Musical staff 115-118: Treble clef, key signature of two flats. The staff contains four measures of music. Measures 115 and 117 feature eighth-note patterns with slurs. Measures 116 and 118 feature a half note followed by a quarter rest.

119 E

Musical staff 119-124: Treble clef, key signature of two flats. The staff contains six measures of music, all featuring eighth-note patterns with slurs.

f with sustain

125

Musical staff 125-130: Treble clef, key signature of two flats. The staff contains six measures of music, all featuring eighth-note patterns with slurs.

131

Musical staff 131-136: Treble clef, key signature of two flats. The staff contains six measures of music, all featuring eighth-note patterns with slurs.

137 F Articulation Check- use 'hah' to get your air to the front of your notes. Don't push. Switch off between 'hah' and 'dah'. Even if the fronts aren't 'clean', make sure they start together. Keep your sustain going !

Musical staff 137-144: Treble clef, key signature of two flats. The staff contains eight measures of music, all featuring eighth-note patterns with slurs.

h d h d h d d h d h d h d d h d h d h d d h d h d h d d

145

Musical staff 145-148: Treble clef, key signature of two flats. The staff contains four measures of music, all featuring eighth-note patterns with slurs. The piece ends with a 3/4 time signature.

h d h d h d d h d h d h d d h d h d h d d

151 **G** Keep your sets and breaths as above, and make sure nothing moves between each note. Play these at a soft, relaxed volume.

Musical notation for exercise G, measures 151-163. Treble clef, 3/4 time signature. Dynamics: *pp*.

164 Feel free to take this as high as you'd like.

Musical notation for exercise G, measures 164-177. Treble clef, 3/4 time signature.

180 **H** Don't let your corners move. Breathe through your nose in between patterns.

Musical notation for exercise H, measures 180-187. Treble clef, common time signature. Dynamics: *pp*.

Musical notation for exercise H, measures 188-195. Treble clef, common time signature.

Musical notation for exercise H, measures 196-200. Treble clef, common time signature.

Do the Following as a Foundation Sequence- Start a metronome at Q=80, do the following pattern in all 7 positions, click the metronome up 4 beats, and repeat. Go from 80 - 120 in this manner. Should be about 10 repeats.

Musical notation for exercise I and J, measures 200-203. Exercise I is a quarter-note pattern. Exercise J is a quarter-note pattern with a slur over the last four notes. Instruction: "Add this one in too, after day 4."

204 **K** Tone Bending: Gliss without tongue. When you reach a lip bend, make sure to blow through the bend, and not back off on air. When you sing, don't scoop into the note. Hear it in your head and then sing, as relaxed as possible.

Musical notation for exercise K, measures 204-208. Alternating between Lip Bend and Sing. Includes circled notes for glissando.

Musical notation for exercise K, measures 209-213. Alternating between Sing and Lip Bend. Includes circled notes for glissando.

Lip Bend Sing Lip Bend Sing Lip Bend

Sing Lip Bend Sing Lip Bend Sing

224 **L** Yoga Slurs like these should be as relaxed and efficient as you can. Use a mirror and metronome. Don't 'change' notes early, wait until the EXACT moment.

f and then p

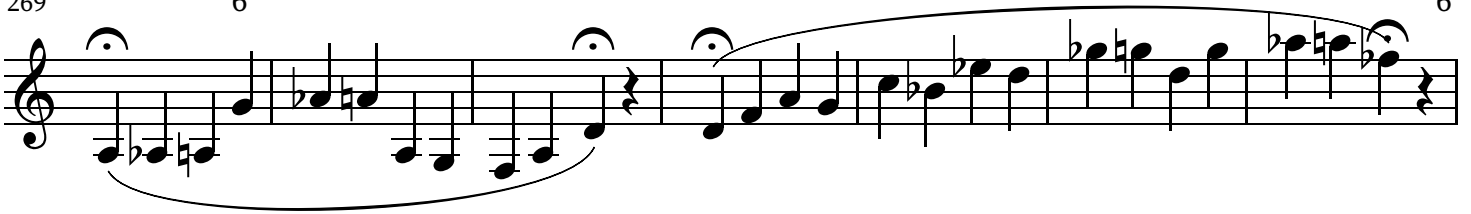
256 **M** Makashi Patterns like these are to be done with a breath on each fermata, but NO RESET. Your goal is to slowly gliss your embouchure into stretching evenly. 6 6

big breath 6

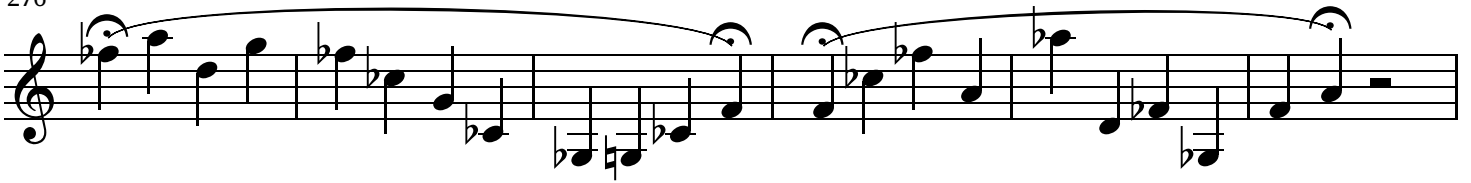
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6

6



276

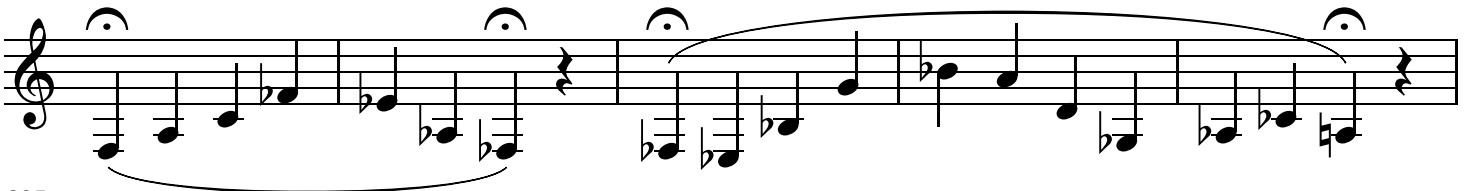


N Makashi Pattern II- Into the valves. As above, you want to smear without shifting if possible.

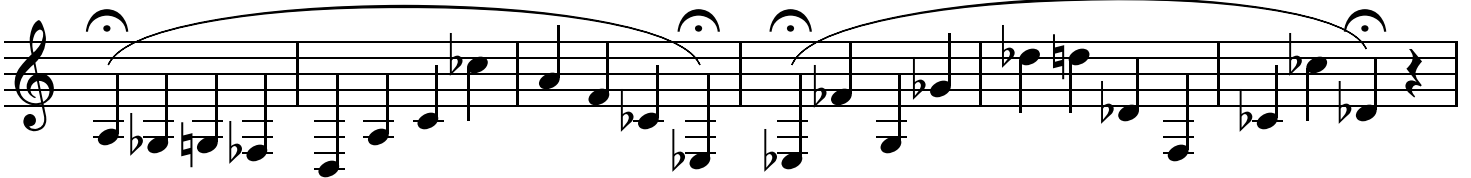
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290



295



O Wind Pattern Alignment- do these against your hand about 1 foot away from your face. It should feel COMPLETELY sustained. The tongue should only blip into the airstream, and you should feel constant, uninterrupted air against your hand.

301



now, with the horn in hand, play the pattern. Descend chromatically, but continue to check back with your hand after each position.

305



313

