

Rhythm Control and Intuition

#45dayset routine 4

*I'm a huge Takadimi fan.
I've written the syllables below each pattern

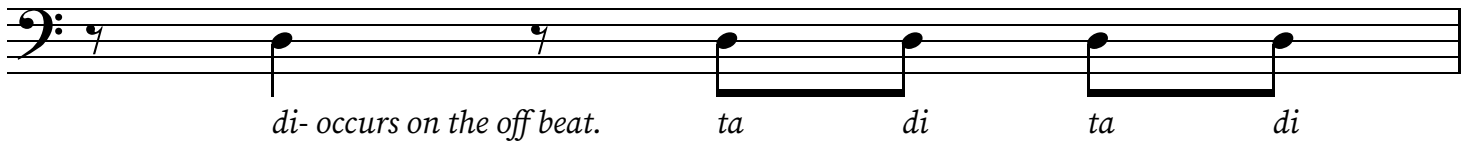
Alex Knutrud

If you need a Takadimi explanation- here it is: Takadimi is a syllabic rhythm system taken from Eastern India. Each syllable is given based on where the beat sits in a given measure based on time, not what it looks like. For example:



Each of these are ta- because it's occurring on a beat.

3



di- occurs on the off beat. ta di ta di

4

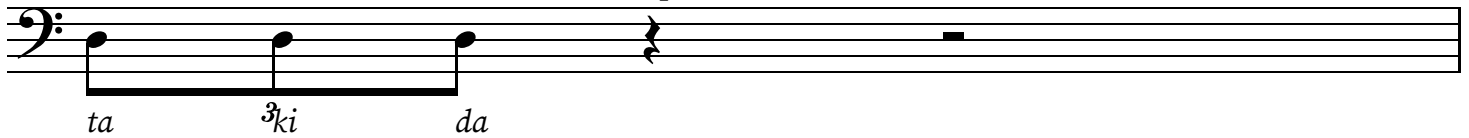
each subdivision in four is (ta, ka, di, mi)



ta ka di mi ta ta di ta dimi taka di ta ka mi

7

triplets are subdivided (ta, ki, da)



ta 3ki da

8

A

Begin this with a metronome going at Q=72. Make sure you're properly warmed up first. DO NOT STOP when you get to the end of the line, keep going.



ta

12 Don't move as you play these. Stay still and calm. Let your brain do the subdividing, not your body



ta di di

17



ta di

20

ta di ta ki da

24

takida--ki da

28

ta dimi *takadi*

32

taka- mi

36

- ka di

40

-- di mi

44

mi

48

49 **B** Play each line in one gesture. Don't get tight. Stay loose and relaxed, and don't subdivide with your body. Your brain should be WORKING to make these constantly accurate.

Musical staff 51: Bass clef, 8 measures of eighth notes. The final three notes are grouped as a triplet with a '3' above them.

Musical staff 53: Bass clef, 8 measures of eighth notes. The final three notes are grouped as a triplet with a '3' below them.

Musical staff 55: Bass clef, 8 measures of eighth notes. There are two triplets of eighth notes, one at the beginning and one at the end, both marked with a '3'.

Musical staff 57: Bass clef, 8 measures of eighth notes. A slur covers the first four notes.

59 C Play this twice. The first time with a metronome, the second, tap your foot, turn the metronome off, and keep your foot constant. This is hard, but PAYS OFF!

Musical staff 59: Bass clef, 8 measures of eighth notes. The first measure has the lyric 'ta' below it, and the last measure has the lyric '--di' below it.

Musical staff 63: Bass clef, 8 measures of eighth notes. The first measure has the lyric '-ka' below it, and the last measure has the lyric '---mi' below it.

67 D Practice this pattern with 5 different scales of your choice

Musical staff 67: Bass clef, 8 measures of eighth notes. The first measure has a repeat sign (double bar line with dots) at the beginning.

Musical staff 71: Bass clef, 8 measures of eighth notes. A slur covers the first four notes.

75 now repeat with a different scale.

Musical staff 75: Bass clef, 8 measures of eighth notes. There are two triplets of eighth notes, one at the beginning and one at the end, both marked with a '3'. The staff ends with a repeat sign.