

Supported Sustain

#45dayset Routine 2

Alex Knutrud

A Keep your flow going and your corners set. You shouldn't have much of a shift for these.

7

13

B Try each way. focus on sustain. Play mp or softer. Aim for resonance.

19

1 6 1 1 T1 1 T3 6 T3

25

2 7 2 2 T2 2 T4 7 2

31

T1 4 T1 6 4 T1 T1 Tb4 6

follow this pattern upwards and downwards as much as you like, combining alternates in the same manner as above. Here are some creative tenor combinations

[2,7,T2,Tb3]

37

[T2,7][T1,6] x [Tb6, 4] [T6,3] [T4] [T3] [T2,7] [T1,6] x [T6] [Tb4]

Everything above f has many alternate options.

C This Irish tune can be really good for connectivity. Play fully sustained. Buzz if needed. 2

41

43

D Try these at a few different tempos. Slow to fast. No tongue.

45

51

55

Staircase Slurs I: Alternate these in the positions marked- Keep as loose as you can, and let the air do the work. Q= 60-90

E

59

62

65

3

3 3 5 7 5 3 5 7 5 3

Staircase Slurs II: Alternate these in the positions marked- Keep as loose as you can, and let the air do the work. Q= 60-90

68

F

1 3 5 3 1 3 5 3 1

71

74

Wave Pulses Forward: Think of your air as a wave pulse that you are using to drive over the note changes. Don't let your form move around, focus on a controlled and even setting. NO TONGUE.

77

G

82

87

6 3 3 3 3

92

Musical staff 92: Bass clef, starting with a key signature of one flat (B-flat). The staff contains a continuous line of eighth notes with various accidentals (flats and naturals) and a long slur over the entire line.

96

Musical staff 96: Bass clef, continuing the key signature of one flat. The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

100

Musical staff 100: Bass clef, continuing the key signature of one flat. The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

104

Musical staff 104: Bass clef, key signature changes to two sharps (F# and C#). The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

108

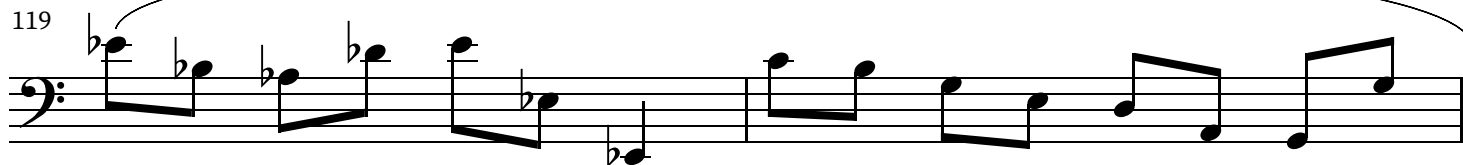
Musical staff 108: Bass clef, key signature changes to one flat (B-flat). The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

112

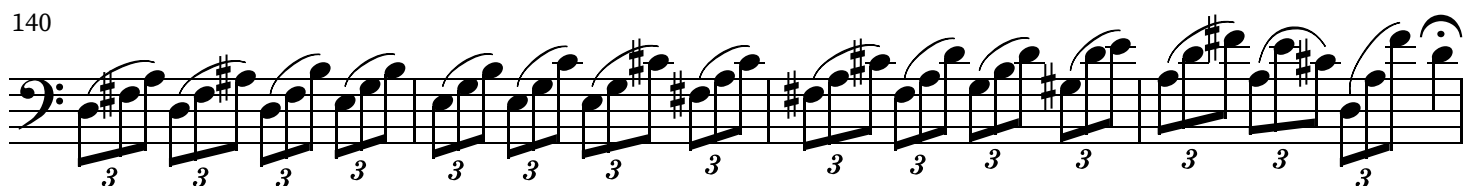
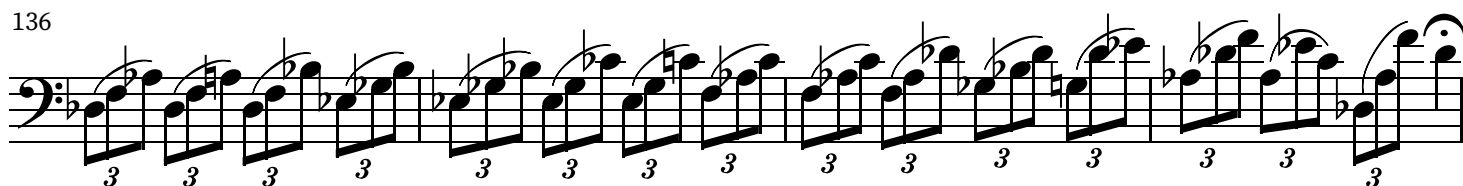
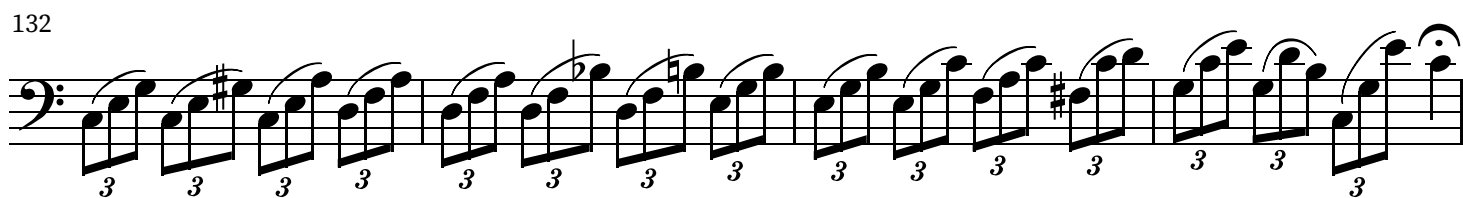
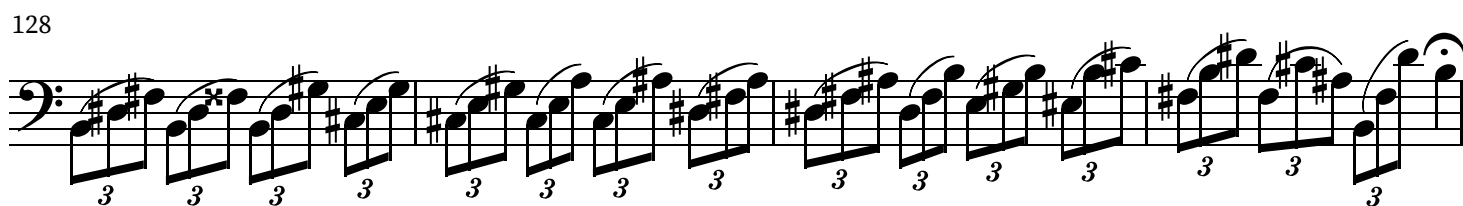
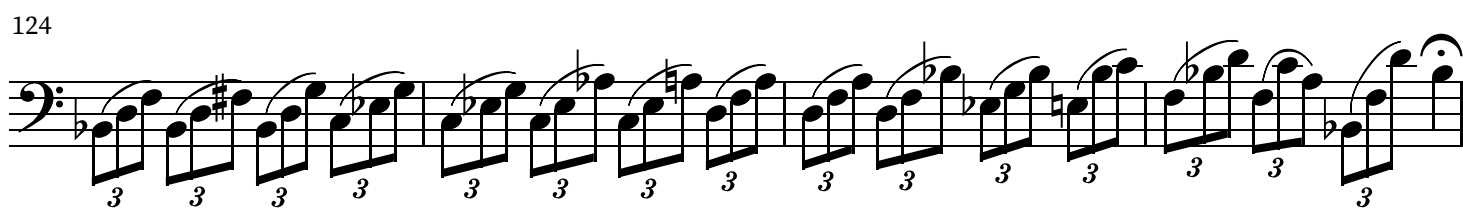
Musical staff 112: Bass clef, key signature changes to two sharps (F# and C#). The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

116

Musical staff 116: Bass clef, key signature changes to one flat (B-flat). The staff contains a continuous line of eighth notes with various accidentals and a long slur over the entire line.

**I**

Pivoting Tonicizations: Keep the flow going!



148

Musical notation for measures 148-151. The notation is in bass clef and consists of a continuous sequence of eighth-note triplets. Each triplet is marked with a '3' below it. The notes are primarily eighth notes with various accidentals (sharps and naturals) and slurs. The sequence ends with a sixteenth note marked with a '6' above it.

152

Musical notation for measures 152-155. The notation is in bass clef and consists of a continuous sequence of eighth-note triplets. Each triplet is marked with a '3' below it. The notes are primarily eighth notes with various accidentals (sharps, naturals, and flats) and slurs. The sequence ends with a double bar line.