

Shake it Out, Swiftly!

A routine designed to help you work through lip trill and slide trill building

Alex Knutrud

Slide Trill Shift Breaks- Blow INTO the change between partials. Do these WITHOUT a muscle flex happening in your embouchure. Make them as smooth as possible.

A 2-4

7 3-5 4-6

13 5-7 1-4

19 3-6 4-7

B Keep your air flowing in the same was as you did above. Slide movements should not jar your embouchure.

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31 3-5

34 4-6

40 1-4

43 2-5

46 3-6

49 **C** When doing these, try and focus on the fulcrum between form and flow. Your goal here is to keep air moving in a constant direction. These need to have a healthy balance of form and flow.

D each time you repeat this slur, try and use less and less muscle work WHILE NOT using more air. More air won't help with this, rather- keep your air constant and try to be more sensitive with your nerves.

57 3

5-

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as you go through this pattern, and shift to the lip trill, you'll be tempted to "shift gears" in your embouchure to get a fast trill- DON'T. Force yourself to continue the trill as if it was still a slide trill, and work to make the transition SEAMLESS. THIS IS WHERE THE MAGIC IS FOR CLEAN TRILL WORK.

61 E

4-5 3 3 3 3 3 3 3

67

3-4 3 3 3 3 3 3 3

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2-#3 3 3 3 3 3 3 3

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4-4 3 3 3 3 3 3 3

85

1-#2 3 3 3 3 3 3 3